

The first step to managing debt is to take an inventory of the debt you already have. Take a moment and list the current debts you have. This is personal and for your eyes only. Don't be embarrassed. Don't be ashamed. This is the first step in recognizing where you currently are in terms of your finances. It is important to assess just what you are facing in terms of payment and debts and to compare it to what you (and your spouse) are making.

### What credit cards do I have?

| Mastercard | Current Balance | Monthly Payment |
|------------|-----------------|-----------------|
| Visa       | Current Balance | Monthly Payment |
| Store      | Current Balance | Monthly Payment |
| Store      | Current Balance | Monthly Payment |
|            |                 |                 |

### What loans do I have?

| Mortgage              | Current Balance | Monthly Payment |
|-----------------------|-----------------|-----------------|
| Car Loan/Lease        | Current Balance | Monthly Payment |
| Personal/Student Loan | Current Balance | Monthly Payment |
| Personal Loan         | Current Balance | Monthly Payment |

### What other monthly debts I have?

| Utilities      | <br>Monthly Payment |  |
|----------------|---------------------|--|
| Cell Phone     | <br>Monthly Payment |  |
| Cable/Internet | <br>Monthly Payment |  |
| Other          | <br>Monthly Payment |  |
| Other          | <br>Monthly Payment |  |

### Total amount of debt you have each month \_\_\_\_\_

Current household income (include wages, support etc.)

Monthly Amount \_\_\_\_\_

How do these two numbers compare? Does this surprise you? What can you do to manage your debt better?

We now have a place to start

# Handout 1

# How to Manage Debt So It Doesn't Manage You

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